

Preliminary Outcomes of the Texas Access to Recovery Project

Compassion in Action Roundtable
September 20, 2007

Texas ATR Project

- Targets individuals who are involved in the criminal justice system through drug courts, probation, or child protective services
- Provides independent assessment to determine service needs and client choice among an array of service providers, including faith-based and community organizations

Texas ATR Voucher System

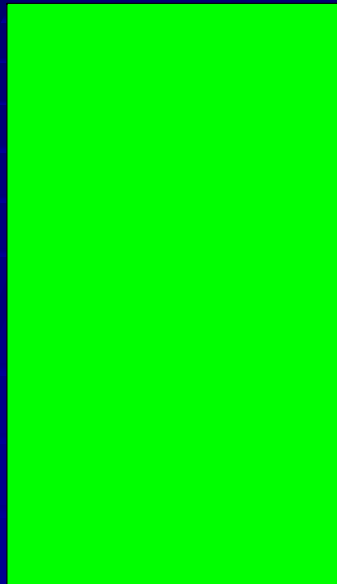
- Clinical Assessment
- Care Coordination
- Addiction Treatment
- Individual Recovery Coaching
- Spiritual Support Group
- Relapse Prevention Group
- Life Skills Group
- Recovery Support Group
- Transitional Housing
- GED Assistance
- Employment Coaching
- Marital and Family Counseling

Preliminary Outcomes of ATR

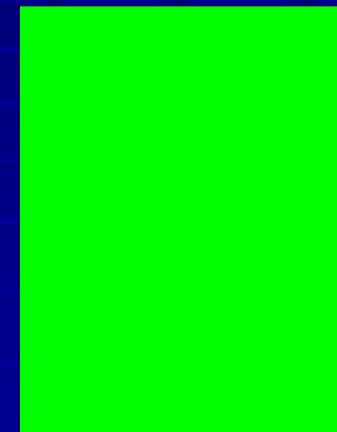
- Study examines outcomes of 825 individuals who received ATR services during the period of June 2005 and September 2006
- Successful completers of the ATR program (n = 311) were compared to non-completers (n = 514) on client and voucher service characteristics

Number of Days in ATR Program

162



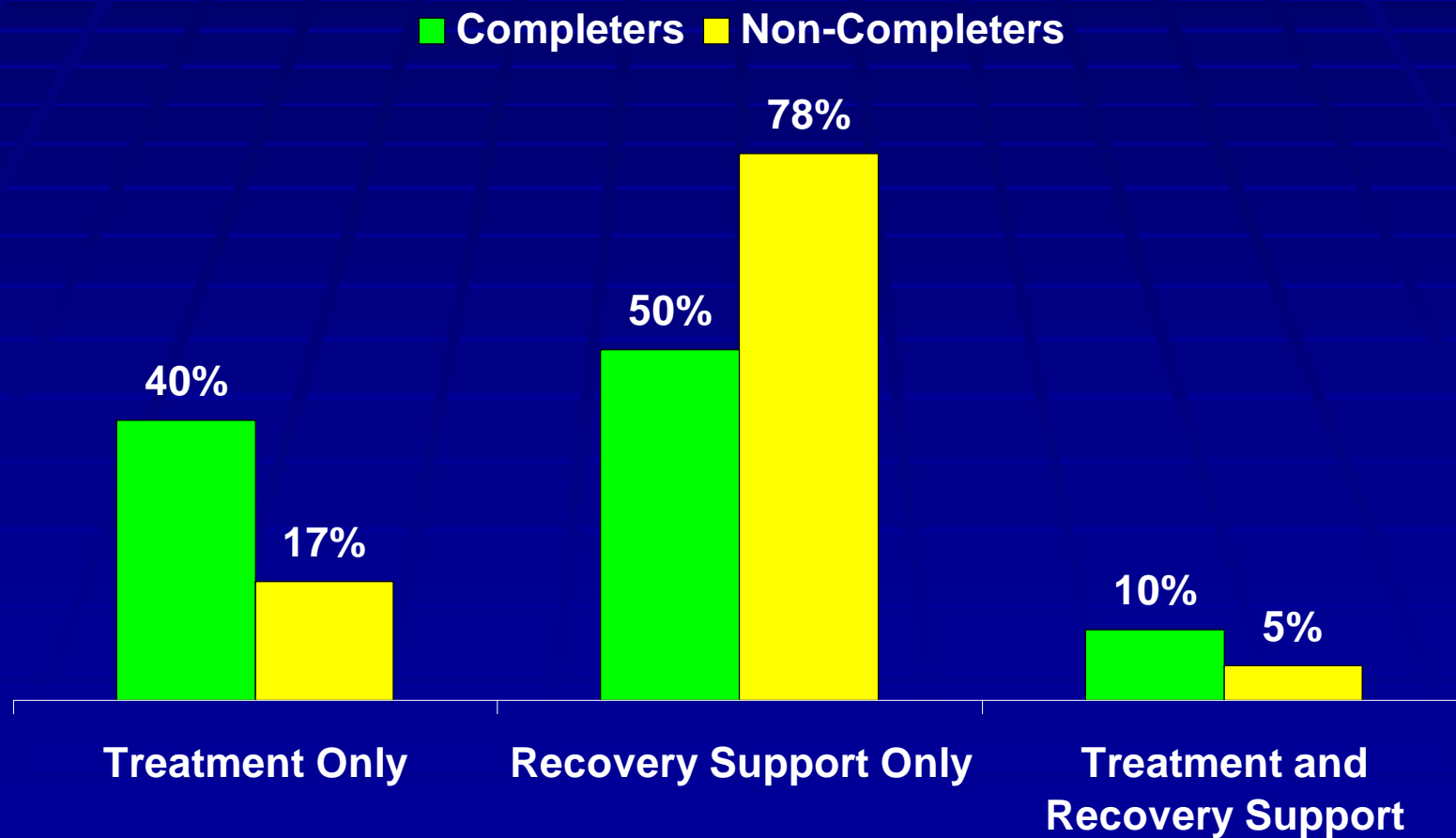
119



Completers

Non-Completers

Treatment and Recovery Support Services Combinations



Categories of Recovery Support Services

Direct Recovery Support

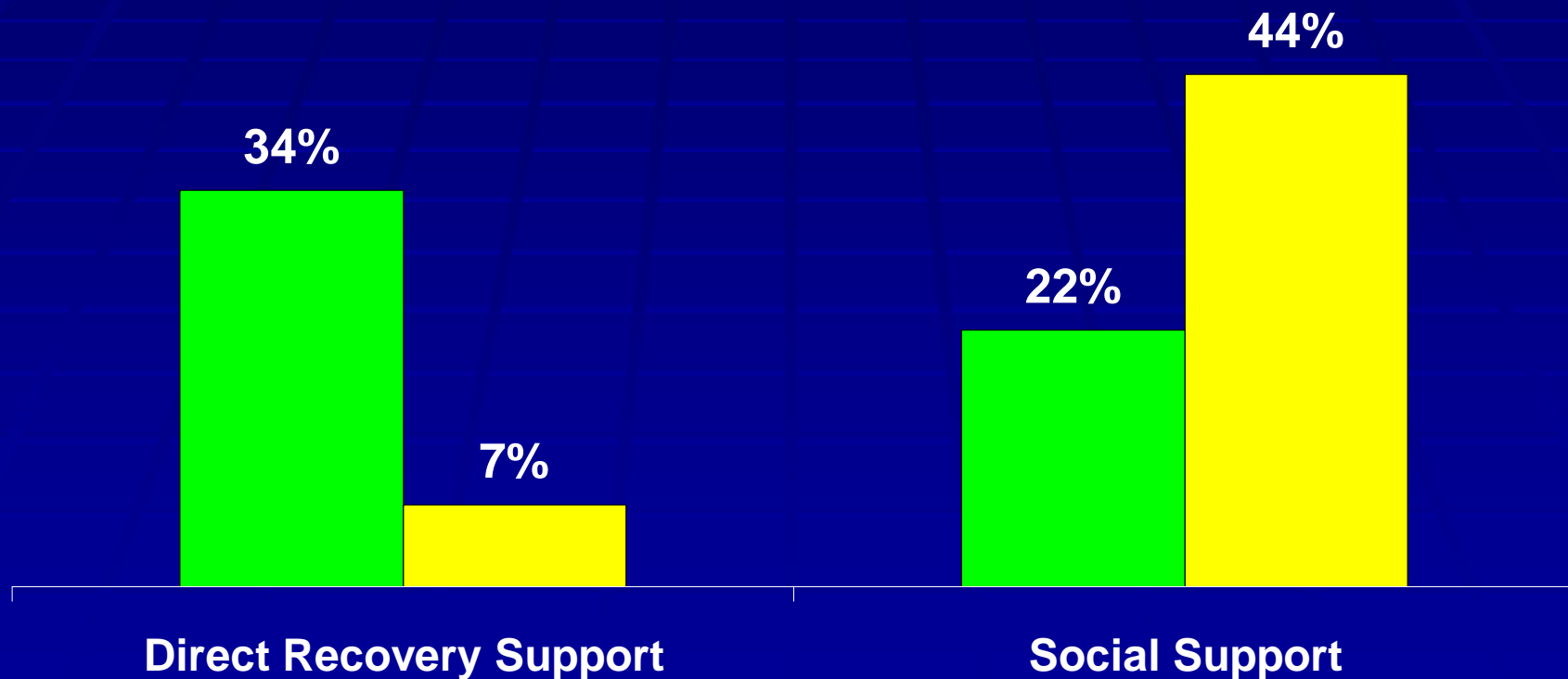
- Individual Recovery Coaching
- Recovery Support Group
- Relapse Prevention Group
- Spiritual Support Group
- Life Skills Group
- Family and Marital Counseling

Social Support

- Employment Coaching
- Transportation
- Transitional Housing
- GED Assistance
- Childcare

Categories of Recovery Support Services Received

■ Completers ■ Non-Completers



Client Characteristics

- Completers were more likely to be Hispanic, employed, living independently, and to have higher levels of education
- Drug court participants had higher completion rates (61%) relative to probationers (20%) and individuals involved with child protective services (38%)

Factors Associated with Successful ATR Outcomes

- Retention in the ATR program
- Receiving treatment only or treatment in combination with recovery support services
- Receiving direct recovery support services that are most closely related to the process of recovery
- Drug court supervision
- Client employment and higher education levels

Future Research Directions

- Successful completion of the ATR program is only one method of defining outcomes; other studies are needed using a wider array of outcome measures
- Studies are needed to explore the effect of various service combinations on client outcomes
- Longitudinal studies are needed to examine the lasting effects of recovery support services on sustaining the process of recovery

Acknowledgements

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